

mini movers

EXAMPLE CLASS PLAN - ANIMAL THEME

Wake Up Your Muscles
Shake my Sillies
Get Ready Get Set Go
5 Little Monkeys
Grand Old Duke of York
Dingle Dangle Scarecrow
Five Little Ducks
Incy Wincy
Nelly the Elephant
Rockabye your Bear
Teddy Bear March
Teddy Bear Picnic
Sleeping Bunnies
Down in the Jungle
Baby Shark
Good Bye Song

Tip: When using an ANIMAL theme, encourage discussion about what different animals the children might come across in the session and think about specific dance moves inspired by different animals. Also use interesting language. For example, hopping like a frog, slithering like a snake, or flapping like a bird. Encourage the children to mimic these movements. This approach stimulates their creativity and promotes active learning in a playful environment.

