


mini movers

EXAMPLE CLASS PLAN - CHRISTMAS THEME

Wake Up Your Muscles
Shake Your Sillies
Jump Out of Bed
Head Shoulders Knees and Toes
Rudolph The Red Nose Reindeer
Skip to my Lou
Grand Old Duke of York
Rocking Around the Christmas Tree
Row Row Row
Sleeping Bunnies
Jingle Bells
Frosty the Snowman
Twinkle Twinkle
Dance Freeze Melt
Zoom Zoom Zoom
Goodbye Song



Tip: When introducing CHRISTMAS dances, it's effective to spread the process over 3-4 weeks. Start with just one or two new dances and gradually build up by adding a few more. This paced approach helps the children learn and enjoy each dance without feeling overwhelmed with the changes.

The Christmas dances will be available in the Top- Up dances as part of your subscription.